

**HEADS UP: CONCUSSION IN HIGH SCHOOL SPORTS**

IMPORTANT: Students participating in interscholastic athletics, cheerleading and dance; and their parents/guardians; must sign the acknowledgement below and return it to their school. Students cannot practice or compete in those activities until this form is signed and returned.

We have received the information provided on the concussion fact sheet titled, "HEADS UP: Concussion in High School Sports."

\_\_\_\_\_  
Student's Signature                      Date

\_\_\_\_\_  
Student's Printed Name

\_\_\_\_\_  
Parent's/Guardian's Signature      Date

\_\_\_\_\_  
Student's School

**Code of Conduct**

I have been given a copy of the Code of Conduct (included in this newsletter) for attending school and extra-curricular activities. My parent/guardian has read the code. We understand the rules and the disciplinary measures and procedures. ALL students and parents need to sign even if the student is NOT out for any activities.

Student signature \_\_\_\_\_

Date: \_\_\_\_\_

Parent signature \_\_\_\_\_

Date: \_\_\_\_\_

**Insurance Coverage**

Every student participating in athletics, including cheerleading, must have insurance coverage. Injuries can be expected in school activities and we will not hold the school responsible for injuries incurred during participation in school activities.

\_\_\_\_\_ is covered with insurance for athletic injuries with  
Name of Student

\_\_\_\_\_  
Name of Insurance Company

\_\_\_\_\_  
Policy Number

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**This section to be filled out only by those participating in football.**

PARENTS/PARTICIPANTS- Read the following paragraphs before signing at the bottom of this page.

**DO NOT USE** your helmet to butt, ram, or spear an opposing player. This is a violation of football rules and can result in severe head, brain, and neck injury, paralysis, or death to you and possible injury to your opponent. There is a RISK these injuries may also occur as a result of accidental contact without intent to butt, ram or spear, NO helmet can prevent all such injuries.

**WE HAVE READ AND UNDERSTAND ALL OF THE ABOVE STATEMENTS:**

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Participant Signature: \_\_\_\_\_

Date: \_\_\_\_\_