

North Mahaska Community Schools

8.24.2020

Covid-19 Guidelines

YOU NEED TO STAY HOME IF YOU HAVE:

- 1 OF THE FOLLOWING:**
- New cough
 - Shortness of breath
 - Difficulty breathing
 - Loss of taste or smell
- SCHOOL BOARD POLICY:**
- Fever of 100.4 F or higher[^]
 - Vomiting[^]
 - Diarrhea[^]

OR

- 2 OF THE FOLLOWING:**
- Headache
 - Body aches
 - Chills
 - Fatigue
 - Sore throat
 - Nasal congestion
 - Runny nose
 - Nausea

OR

- Been within 6 feet or less of someone diagnosed with COVID-19 for 15 consecutive minutes or longer.
- Live with someone diagnosed with Covid-19.

[^]Must have 1 additional symptom to suspect Covid-19.

WHEN CAN I RETURN TO SCHOOL?

POSITIVE COVID-19 TEST

May return after 10 days
AND
 At least 24 hours no fever without taking medicine
AND
 Symptoms have improved

NO COVID-19 TEST

May return after 10 days
AND
 At least 24 hours no fever without taking medicine
AND
 Symptoms have improved
OR
 Doctor's note indicating alternative diagnosis

NEGATIVE COVID-19 TEST WITH NO EXPOSURE TO A COVID-19 CASE

At least 24 hours no fever without taking medicine
AND
 Respiratory symptoms have improved

STAY HOME UNTIL YOU RECEIVE YOUR TEST RESULTS!

EXPOSURE TO COVID-19

May return after 14 days
AND
 No symptoms as listed above **REGARDLESS** of your Covid-19 test results.