



## North Mahaska Portrait of A Graduate Survey

To better support you, your school and teachers would like to ask you some questions about how you think and feel. Only your teachers and school leaders will be able to see your responses, which will not affect your class grades. Please respond honestly—there are no right or wrong answers!

### Goals and Challenges

In this section, we would like for you to think about your overall learning experiences at school and in life.

1. If you fail at something that is important to you, how likely are you to try again?

- Not at all likely       A little likely       Somewhat likely       Very likely       Extremely likely

2. How well can you keep working to reach your goals if problems come up?

- Not well at all       A little well       Somewhat well       Very well       Extremely well

3. When you are working on something that matters to you and there are distractions, how focused can you stay?

- Not at all focused       A little focused       Somewhat focused       Very focused       Extremely focused

4. How often do you get your work done, even when you don't feel like doing it?

- Almost never       Once in a while       Sometimes       A lot of the time       Almost all the time

5. How hard do you work to keep your promises, even if they are hard to keep?

- Not hard at all       A little hard       Somewhat hard       Very hard       Extremely hard

6. How much can you increase the effort you give in school?

- Can't increase at all       Can increase a little       Can increase some       Can increase a lot       Can increase a huge amount

7. How much can you improve your behavior in school?

- Can't improve at all       Can improve a little       Can improve some       Can improve a lot       Can improve a huge amount

8. How much can you increase how smart you are?

- Can't increase at all       Can increase a little       Can increase some       Can increase a lot       Can increase a huge amount

9. When you make a mistake on your schoolwork, how often do you ask your teacher for ways you can do better next time?

- Almost never       Once in a while       Sometimes       A lot of the time       Almost all the time



### Your Classes

Please tell us about how you feel about your current teachers and classes.

10. How sure are you that you can complete all the schoolwork that is given to you?

- Not at all sure       A little sure       Somewhat sure       Very sure       Extremely sure

11. How sure are you that you will remember what you learned in your current classes, next year?

- Not at all sure       A little sure       Somewhat sure       Very sure       Extremely sure

12. How sure are you that you can learn all the subjects taught in your classes?

- Not at all sure       A little sure       Somewhat sure       Very sure       Extremely sure

13. How sure are you that you can do the hardest schoolwork that is given to you?

- Not at all sure       A little sure       Somewhat sure       Very sure       Extremely sure

14. When complicated ideas are discussed in class, how sure are you that you can understand them?

- Not at all sure       A little sure       Somewhat sure       Very sure       Extremely sure

### Your Behavior

Please answer the following questions about how you respond to different situations.

15. During the past two weeks, how often did you allow others to speak without interrupting them?

- Almost never       Once in a while       Sometimes       A lot of the time       Almost all the time

16. During the past two weeks, how often did you come to class prepared?

- Almost never       Once in a while       Sometimes       A lot of the time       Almost all the time

17. During the past two weeks, how often did you follow directions in class?

- Almost never       Once in a while       Sometimes       A lot of the time       Almost all the time

18. During the past two weeks, how often did you get your work done right away, instead of waiting until the last minute?

- Almost never       Once in a while       Sometimes       A lot of the time       Almost all the time

19. During the past two weeks, how often did you pay attention in class?

- Almost never       Once in a while       Sometimes       A lot of the time       Almost all the time



20. During the past two weeks, when you were working on your own, how often did you stay focused?

- Almost never       Once in a while       Sometimes       A lot of the time       Almost all the time

21. During the past two weeks, how carefully did you listen to other people's opinions?

- Not carefully at all       A little carefully       Somewhat carefully       Very carefully       Extremely carefully

22. During the past two weeks, how much did you care about other people's feelings?

- Did not care at all       Cared a little bit       Cared somewhat       Cared a lot       Cared a huge amount

23. During the past two weeks, how often did you compliment others' accomplishments?

- Almost never       Once in a while       Sometimes       A lot of the time       Almost all the time

24. During the past two weeks, how well did you get along with students who are different from you?

- Did not get along at all       Got along a little bit       Got along somewhat well       Got along very well       Got along extremely well

25. During the past two weeks, how clearly were you able to describe your feelings?

- Not at all clearly       A little clearly       Somewhat clearly       Very clearly       Extremely clearly

26. During the past two weeks, when others did not agree with you, how respectful were you of their opinions?

- Not at all respectful       A little respectful       Somewhat respectful       Very respectful       Extremely respectful

27. During the past two weeks, how much were you able to stand up for yourself without putting others down?

- Not at all       A little bit       Somewhat       A lot       A huge amount

28. During the past two weeks, how much were you able to disagree with others without starting an argument?

- Not at all       A little bit       Somewhat       A lot       A huge amount

### Learning

In this section, we would like for you to think about your overall learning experience at school. Please answer the following questions to help us better understand how you learn in general.

29. When you get stuck while learning something new, how likely are you to try a different strategy?

- Not at all likely       Slightly likely       Somewhat likely       Quite likely       Extremely likely



30. How confident are you that you can choose an effective strategy to get your schoolwork done well?

Not at all confident

Slightly confident

Somewhat confident

Quite confident

Extremely confident

31. Before you start on a challenging project, how often do you think about the best way to approach the project?

Almost never

Once in a while

Sometimes

Frequently

Almost always

32. Overall, how well do your learning strategies help you learn more effectively?

Not well at all

Slightly well

Somewhat well

Quite well

Extremely well

33. How often do you use strategies to learn more effectively?

Almost never

Once in a while

Sometimes

Frequently

Almost always

SAMPLE FORM